



USSF D License- Blended

Course Details:

40 to 45-hour course, that begins with an online experience and ends with a one-day or two-day (*edit according to If they choose option 1 (1 meeting) or option 2 (2 meetings)*) on-field component. The course is designed for the grassroots coach working with youth players U6 to U13 in a participation driven environment and focuses on all four game models as outlined in the Player Development Initiatives (4v4 / 7v7 / 9v9 / 11v11). The goals of the course are to help coaches understand how: to create game-like training sessions that encourage players' ownership (decision-making) and to create a game day environment that encourages players' ownership (decision-making). Coaches will continue to learn about the Six Tasks of a Coach, specific player development framework (age appropriate training), the Play-Practice-Play methodology, and how to create a 1 week plan for games and training.

Coaches who register for this course can expect weekly learning opportunities that will feature a mixture of independent learning using online modules and live virtual meetings led by a licensed U.S. Soccer Instructor. Coaches will be asked to participate in discussions so each person should have access to the internet and a web-camera/live video capabilities. The virtual meetings will take place agreed upon days and times (see below). Coaches maybe asked to participate in the field component as either coaches or players, so please come prepared to actively learn. Candidates that register for this course are expected to attend all course meetings to be eligible to receive the license.

Eligibility Requirements:

Candidates must have completed a minimum of three grassroots courses, in the form of two in-person courses and one online course:

- Two in-person courses (one of which must be the 11v11)•
- One online course across any of the four levels (4v4, 7v7, 9v9, 11v11)
- Coaching candidates who have earned the E or F License will have the following opportunities to use those certifications toward the D License prerequisites:
 - U.S. Soccer E License + Introduction to Grassroots Coaching Module
 - U.S. Soccer F License + Introduction to Grassroots Coaching Module + 11v11 in-person license + one other in-person license