



# USSF 4 Hour Grass Roots Licenses- Blended

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## **Course Details:**

4 Hour Grassroots In-Person Courses are a four-hour course that builds on the principles covered in U.S. Soccer's Introduction to Grassroots Coaching Module. (4v4, 7v7, 9v9 and 11v11) Specifically, coaches will learn more about U.S. Soccer's Grassroots Coaching Education Philosophy, Play-Practice-Play Methodology, the Six Tasks of a Coach, and the characteristics of players based on their age. The course will also ask each coach to reflect on their experiences to develop action steps for personal growth in the Six Tasks (Coaching Games, Coaching Training Sessions, Leading the Team, Leading the Player, Managing the Performance Environment, and Leadership).

Coaches will be asked to participate in discussions so each person should have access to a web-camera/live video capabilities. Coaches may be asked to participate in the field component as either coaches or players, so please come prepared to actively learn.

## **Eligibility Requirements:**

In order to register for the Blended Courses, candidates must be at least 16 years old\* and have completed U.S. Soccer's Introduction to Grassroots Coaching module.

\*Due to online privacy laws, individuals under the age of 16 cannot create Learning Center (LC) profiles, and thus are unable to take Grassroots Courses.